

เล่น สปา

Lên

SPA

In the Thai language, “ *Lên* ” means “play”.

We like to play.

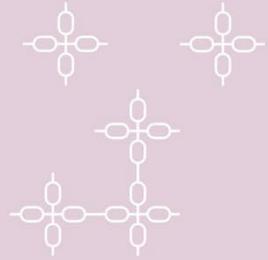
We love to have fun.

Learning something new along the way is even better.

It's all about being happy.

It's our little secret to well-being.

So be yourself, fit your mood and play your way!



Len SPA LOVER

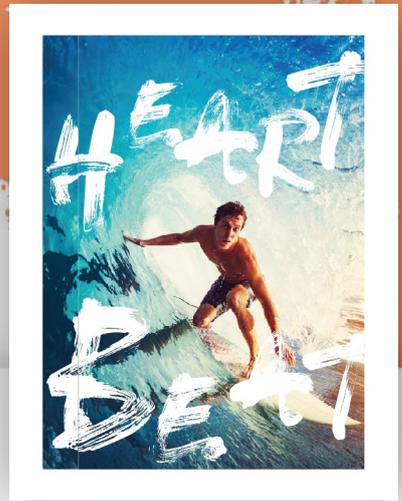


Len SPA has joined forces with **YTSARA** the Thailand based skincare company that blends ancient Eastern wisdom with modern French science. YTSARA's natural products are all based on the healing qualities of water to help restore the skin's beauty and protect it against environmental aggressors, such as the pollution which affects many modern city dwellers.

YTSARA forms a key part of LEN, Santiburi's holistic wellness concept that allows every guest to follow their own personal path to health and happiness. A series of tailored LEN spa treatments will harness the healing powers of YTSARA's products, enabling guests to relax and reconnect with their inner selves and their environment.

Open daily: 9.00 am – 8.00 pm

ADVENTURE



Accompany us on a revitalizing adventure for your mind, body and spirit at the Len Spa. Reconnect with nature's bounty and energize your inner self on a journey designed especially for you. Magical hands await to ignite the fires of happiness, relaxation and beauty inside you.

VOLCANIC HOT STONE MASSAGE ★

Heated basalt stones are used to put pressure on key points of the body.

This is a deep massage that creates a sensation of comfort and warmth.

The heat helps to loosen tight muscles, promote internal healing and create a sense of deep relaxation.

90 min / ฿ 2,950++

POSTURE RESCUE MASSAGE

Relieve stiffness and soreness in the back, neck, shoulders and head. The calming properties of Rainforest Clove Bark break down knots and improve flexibility. Tangerine, pink grapefruit and rosemary oils facilitate detoxification and relaxation.

45 min / ฿ 1,800++ 60 min / ฿ 2,250++ 90 min / ฿ 3,150++

WARM BAMBOO MASSAGE AND SCULPTING TREATMENT ★

Bamboo, called 'take' in Japanese, represents youth, prosperity and serenity in Asia. Warm bamboo is slowly rolled on targeted areas breaking down fatty deposits. Used in combination with our sculpting oil, this treatment fights cellulite, tones muscles, stimulates the lymphatic system and detoxifies the organs.

90 min / ฿ 3,150++

SPORTS MASSAGE

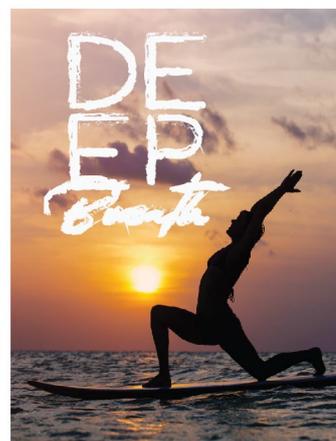
Designed to encourage blood flow, stretch muscles and ease joints, this stimulating massage conditions the body for better performance in the same manner as an extensive warm-up. Thai therapeutic massage techniques and pure plant essential oils synergistically prepare your body for better performance and improved recovery.

90 min / ฿ 3,150++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

RELAX



Imagine standing under the mist of a cool invigorating waterfall and feeling the life-force of nature's moisture revitalize your body and lift your spirit. Enjoy the peace and power of relaxation in the shady sanctuary of the Len Spa where therapists wait to 'moisturize' your entire being and relax you into a state of bliss.

*FOOT REFLEXOLOGY RETREAT

There are 15,000 nerve endings in your feet which constitute a mini-map of your body. This ancient art uses skillfully applied pressure to encourage the body to heal from within. Your headache, anxiety and insomnia will disappear.

45 min / ฿1,500++ 60 min / ฿1,950++

*THAI SILK AROMA MASSAGE ★

This massage is uniquely customized for you. Specialized relaxing massage strokes with therapeutic essential oils will soothe aching muscles and help you unwind.

60 min / ฿1,950++ 90 min / ฿2,700++

*SHIRODHARA

This pressure point head massage with warm oil flow on the "third eye" helps relieve anxiety and stress leaving you blissful, centered and calm.

60 min / ฿2,550++

*SAMUI SECRET MASSAGE (Anti-Aging & Increased Energy Flow) ★

Coconut Aroma Body Massage / Coconut Cold Compress Skin Firming
Do you have tired or sore muscles but spent too much time in the sun? This massage will cool and heal your skin while relaxing your muscles. A perfect combination for total relief.

90 min / ฿2,550++

*LYMPHATIC MASSAGE

The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body. This massage supports your general immune system, helps fight infection and is very beneficial to overall health. This massage's technique is gentle, pain free and extremely relaxing.

90 min / ฿2,550++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

Family



The joy of family is the sharing of new experiences and making memories together with a sincere smile, a heart-felt laugh, profound love and an appreciation for the tenderness of the moment. Share family time at the Len Spa with our treatments specially designed with these moments in mind.

MINI-ME MASSAGE ★

Aroma body massage using Koh Samui coconut oil.
After all, one is never too young to 'SPA'

5-10 years of age

45 min / ฿ 1,500++ 60 min / ฿ 1,750++

11-13 years of age

60 min / ฿ 1,750++ 90 min / ฿ 2,250++

MOTHER-TO-BE

Share a moment of serenity with your baby.
This caring massage is customized for the mother-to-be.
(Available after first trimester--4+ months)

60 min / ฿ 2,250++

MOMMY AND ME ★

Mother and child enjoy side-by-side massages followed by signature pedicures

110 min / ฿ 4,500++ (for mother and child)

FAMILY TIME

Experience 10 hours of spa time together. Choose your treatments, with whom you want to share and enjoy them in one day or any time throughout your stay. (Facials not included).

10 hours / ฿ 16,950++

★ Signature Treatment

* Kids Only

All prices are subject to 10% service charge and 7% VAT

Culture



Unique wisdom, tradition, history and products combined with a distinctly local flavor provide an experience at the Len Spa found nowhere else.

Learn about our herbs, fragrances, flora and philosophies of well-being through spa sponsored tours and other activities.

Witness this culture first hand by selecting a treatment from our menu that utilizes only these local gems.

THAI AYURVEDA MASSAGE WITH HERBAL COMPRESS ★

A combination of Swedish, deep tissue and Thai techniques will soothe sore and tired muscles. Firm strokes and pressure are applied to key meridian points on the body and are combined with the therapeutic properties of our herbal compress to provide a unique and exquisite experience.

90 min / ฿ 3,150++

SUKHOTHAI MASSAGE

An art of ancient traditions, this method of massage originated within the temples of Thailand and has been practiced for centuries. This is a pressure point massage based on the Thai practice of energy healing and is recommended for those who prefer a firm massage. This is a traditional Thai massage performed without oil.

70 min / ฿ 1,950++ 120 min / ฿ 2,700++

LANNA HERBAL TOK SEN

A millennium-old massage tradition using the tok sen tool that spreads vibrations into meridian lines and muscles. Freed life force flows back into your body preventing fatigue and tension. Slow, deep pressure soothes your body and mind. This treatment includes a massage with tok sen and herbal compress applications.

90 min / ฿ 3,150++ 120 min / ฿ 3,750++

SAMUI GORGEOUS MASSAGE ★

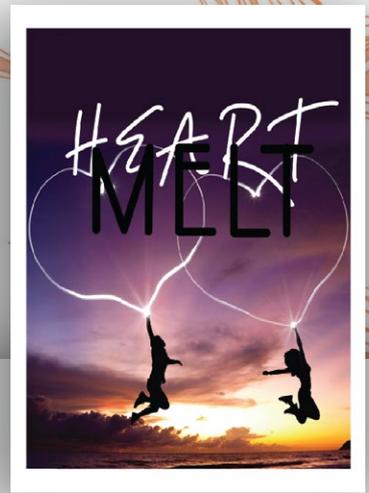
Come and relax with us and indulge yourself in the delightful culture of Samui coconut. This retreat into relaxation includes a shell massage and post-treatment coconut-caramel treat, both of which can only be found on Samui.

90 min / ฿ 2,700++ 120 min / ฿ 3,150++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

ROMANCE



Escape to romance and immerse yourself in togetherness - just the two of you - as you share heart inspired experiences, tantalizing tastes and inspiring adventures. Time is precious when love is in the air. We help couples make the most of every moment by offering intimate activities that bring them together.

ROYAL BLUE LOTUS (SUPREME PURIFYING)

Foot Soak and Scrub / Aromatic Private Steam / 30-min Pink Himalayan Salt Scrub / 90-min Volcanic Hot Stone Massage / 60-min Customized Facial Treatment / Warm Milky Bath.
Includes a photo in traditional Thai dress as a memento of the experience.
240 min / ฿ 8,800++ per person ฿ 16,950++ per couple

ELIXIR OF LOVE ★

The journey begins in the Spa's aromatic steam room with custom blends that stimulate your senses. An ice fountain will provide vitality before your therapists massage away any lingering tension during a customized 60-minute couple's massage. Complete this blissful experience together in a candlelit soak with a champagne toast and chocolate treats.
110 min / ฿ 6,950 ++ per couple

DETOXIFYING INNER RESET RITUAL

Age-old Asian detoxifying massage rituals bring balance during this full body massage. A Pink Himalayan salt scrub stimulates the release of toxins while a soothing coconut oil scalp massage clears your mind of toxic thoughts.
90 min / ฿ 2,950++ per person

MONSOON WRAPSODY ★

Enjoy a choice of scrub to prepare your skin for our multi-faceted body wrap. Black mulberry extract combined with essential oils synergistically prepare your body for better performance and improved recovery.
90 min / ฿ 3,150++ per person

OFURO BATHING RITUAL

Mimicking the traditional Japanese bathing ritual, this water experience starts with a shower and is followed by a gentle scrub. After a milky, essential oil-rich warm bath, this cleansing ritual will conclude with a hydrating aloe vera cream application.
60 min / ฿ 2,250++ per person

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT



Len

BE BEAUTY

Beauty is unbounded and omnipresent. It is in your mind and in your spirit. It is reflected in your smile and in your words. Beauty is timeless, limitless and simultaneously momentary and forever. It is what you see and what you feel. At Len Spa, we can help you discover and remember all the beauty that is already within you.

BODY SCRUB 60 min / ₪ 1,750++

Coffee body scrub - Detoxify
Mango and pineapple body scrub - Detoxify
Coconut body scrub - Hydrate and nourish
Pink Himalayan salt scrub - Relax

BODY WRAP 60 min / ₪ 1,950++

Dead Sea body wrap - Detoxify
Aloe Vera and cucumber body wrap – Relieve sunburn

ADDED INDULGENCES 30 min / person

Aroma floral bath ₪ 850++
Milky bath ₪ 850++
Thai herbal steam ₪ 650++
Herbal hot compress ₪ 425++
Tok sen ₪ 650++

NAIL CARE

Classic manicure
Classic pedicure
French manicure
French pedicure
Nail polish change
Foot scrub, cut and file
Foot spa or hand spa

LADIES

₪ 800++
₪ 1,000++
₪ 1,000++
₪ 1,200++
₪ 500++
₪ 800++
₪ 1,250++

MEN

₪ 600++
₪ 800++

₪ 800++
₪ 1,250++

WAXING

Back or full leg or Brazilian bikini
Half leg or full arm
Half arm
Underarm
Upper lip, eyebrow or chin
Bikini line

LADIES/MEN

₪ 1,950++
₪ 1,200++
₪ 800++
₪ 500++
₪ 500++
₪ 1,200++

MINI-ME FACIAL

A facial designed with our younger guests in mind. A deep cleanse, gentle exfoliation and dewy mask will hydrate and refresh.

30 min / ₪ 1,400++

FACIAL YOGA

Jade stones bring beauty, balance and vibrancy to your face. This sacred lotus and jade stone facial massage stimulates circulation, plumps the skin and smooths away fine lines and wrinkles.

45 min / ₪ 1,800++

CLARIFYING FACIAL

A potent blend of actives keeps complexion matte, clear and balanced around the clock. Bamboo Tears controls excess oil and fights acne while a rare tree gum reduces pore size and blemishes. Plankton extract decreases skin reactivity and safflower restores hydration.

60 min / ₪ 2,800++

INTENSIVE GOLD FACIAL

This luxurious facial treatment uses massage techniques and active ingredients to instantly reduce wrinkles and improve skin clarity. This treatment uses extracts that inhibit the destruction of collagen, fight free radicals and repair skin damage.

75 min / ₪ 3,450++

TIME REWIND FACIAL

Proven to boost the rejuvenating system of the skin, this facial addresses the most visible signs of aging. Laminaria returns the vitality of youth and stimulates the reduction of fine lines and wrinkles. Marine extracts stimulate collagen and elastin production in the skin.

75 min / ₪ 3,450++



We hope you enjoyed your *Lên*
played your own way,
in your own time,
in your mood of the day
and had fun during your stay.
Come and *Lên* with us again soon!

Lên
SPA

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