

เล่น สปา

Lên

SPA

In the Thai language, “ *Lên* ” means “play”.

We like to play.

We love to have fun.

Learning something new along the way is even better.

It's all about being happy.

It's our little secret to wellbeing.

So be yourself, fit your mood and play your way!



Len SPA LOVER



Len SPA has joined forces with **YTSARA** the Thailand based skincare company that blends ancient Eastern wisdom with modern French science. YTSARA's natural products are all based on the healing qualities of water to help restore the skin's beauty and protect it against environmental aggressors, such as the pollution which affects many modern city dwellers.

YTSARA forms a key part of LEN, Santiburi's holistic wellness concept that allows every guest to follow their own personal path to health and happiness. A series of tailored LEN spa treatments will harness the healing powers of YTSARA's products, enabling guests to relax and reconnect with their inner selves and their environment.

Open daily: 9.00 am – 8.00 pm



ADVENTURE



Accompany us on a revitalizing adventure for your mind, body and spirit at Len Spa. Reconnect with nature's bounty and energize your inner self on a journey designed especially for you. Magical hands await to ignite the fires of happiness, relaxation and beauty inside you.

VOLCANIC HOT STONE MASSAGE ★

Heated basalt stones are used to put pressure on key points of the body. This is a deep massage that creates a sensation of comfort and warmth. The heat helps to loosen tight muscles, promote internal healing and create a sense of deep relaxation.
90 min / ฿ 3,300++

POSTURE RESCUE MASSAGE

Relieve stiffness and soreness in the back, neck and shoulders. The calming properties of Rainforest Clove Bark break down knots and improve flexibility. Tangerine, pink grapefruit and rosemary oils facilitate detoxification and relaxation.
45 min / ฿ 1,800++ 60 min / ฿ 2,250++ 90 min / ฿ 3,150++

WARM BAMBOO MASSAGE AND SCULPTING TREATMENT

Bamboo, called 'take' in Japanese, represents youth, prosperity and serenity in Asia. Warm bamboo is slowly rolled on targeted areas breaking down fatty deposits. Used in combination with our sculpting oil, this treatment fights cellulite, tones muscles, stimulates the lymphatic system and detoxifies the organs.
90 min / ฿ 3,150++

SPORTS MASSAGE ★

Designed to encourage blood flow, stretch muscles and ease joints, this stimulating massage conditions the body for better performance in the same manner as an extensive warm-up. Thai therapeutic massage techniques and pure plant essential oils synergistically prepare your body for better performance and improved recovery.
90 min / ฿ 3,150++

JETLAG THERAPY PACKAGE

(Foot bath, herbal steam, Thai Silk Aroma massage, coconut body scrub, Vichy shower)
125 min / ฿ 4,250++

PRE-TEE OFF GOLF PREP PACKAGE

(Foot bath, herbal steam, Vichy shower, Thai Ayurveda massage with compress, hands massage)
135 min / ฿ 4,250++

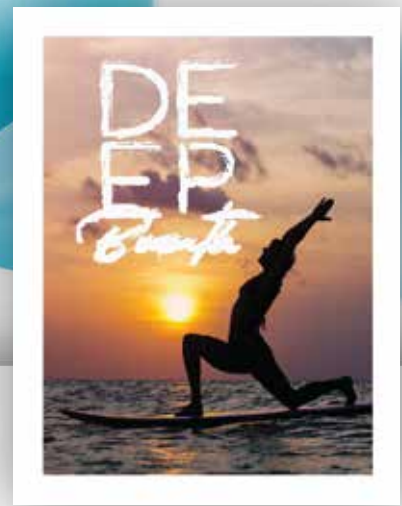
POST-PLAY GOLF RECOVERY PACKAGE

(Foot bath, herbal steam, coconut scrub, Vichy shower, Thai Silk Aroma massage, foot reflexology massage)
135 min / ฿ 4,250++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

RELAX



Imagine standing under the mist of a cool invigorating waterfall and feeling the life-force of nature's moisture revitalize your body and lift your spirit. Enjoy the peace and power of relaxation in the shady sanctuary of Len Spa where therapists wait to 'moisturize' your entire being and relax you into a state of bliss.

FOOT REFLEXOLOGY RETREAT

There are 15,000 nerve endings in your feet which constitute a mini-map of your body. This ancient art uses skillfully applied pressure to encourage the body to heal from within. Your headache, anxiety and insomnia will disappear.

45 min / ฿ 1,500++ 60 min / ฿ 1,950++

THAI SILK AROMA MASSAGE ★

This massage is uniquely customized for you. Specialized relaxing massage strokes with therapeutic essential oils will soothe aching muscles and help you unwind.

60 min / ฿ 1,950++ 90 min / ฿ 3,150++

SHIRODHARA

This pressure point head massage and warm oil flow on the 'third eye' helps relieve anxiety and stress leaving you blissful, centered and calm.

60 min / ฿ 2,550++

SAMUI SECRET MASSAGE (Anti-Aging & Increased Energy Flow)

Coconut Aroma Body Massage / Coconut Cold Compress Skin Firming
Do you have tired or sore muscles but spent too much time in the sun? This massage will cool and heal your skin while relaxing your muscles. A perfect combination for total relief.

90 min / ฿ 3,150++

LYMPHATIC MASSAGE ★

The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body. This massage supports your general immune system, helps fight infection and is very beneficial to overall health.

This massage's technique is gentle, pain free and extremely relaxing.

90 min / ฿ 3,500++

LEN RELAXING PACKAGE

(Foot bath, herbal steam, Thai Silk Aroma massage, Intensive Gold facial)

125 min / ฿ 4,250++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

Family



The joy of family is the sharing of new experiences, making memories together with a sincere smile, a heart-felt laugh, profound love and an appreciation for the tenderness of the moment. Share family time at Len Spa with our treatments specially designed with these moments in mind.

MINI-ME MASSAGE ★

Aroma body massage using Koh Samui coconut oil.

After all, one is never too young to 'SPA'

5-10 years of age 45 min / ฿ 1,500++ 60 min / ฿ 1,750++
11-13 years of age 60 min / ฿ 1,750++ 90 min / ฿ 2,250++

Teen Relaxing Hand & Foot Massage

A deeply refreshing pressure point hand and foot massage for increased blood circulation and energy flow

11-13 years of age 60 min / ฿ 1,750++

Mini-Twinkle Pedicure & Foot Massage

An energizing pedicure with a peppermint foot exfoliation and luscious tropical lotion that will leave your skin velvety smooth. Also includes express nail cleaning, trimming, cuticle care and your choice of nail polish.

11-13 years of age 60 min / ฿ 1,750++

Tropical Mango Manicure & Scalp Massage

A fun and uplifting experience with a tropical mango and peppermint scrub and mango sheer butter to leave your hands delightfully soft and refreshed.

Also includes express nail cleaning, trimming, cuticle care and your choice of nail polish.

11-13 years of age 60 min / ฿ 1,750++

MOTHER-TO-BE

Share a moment of serenity with your baby.

This caring massage is customized for the mother-to-be.

(Available after first trimester--4+ months)

60 min / ฿ 2,250++ 90 min / ฿ 3,150++

MOMMY AND ME

Mother and child enjoy side-by-side massages followed by signature pedicures

110 min / ฿ 4,500++ (for mother and child)

FAMILY TIME ★

Experience 10 hours of spa time together. Choose your treatments, with whom you want to share and enjoy them in one day or any time throughout your stay. (Facials not included).

10 hours / ฿ 16,950++

FAMILY TIME

15 hours / ฿ 29,950++ (Facials included)

★ Signature Treatment

* Kids Only

All prices are subject to 10% service charge and 7% VAT

Culture



Unique wisdom, tradition, history and products combined with a distinctly local flavor provide an experience at Len Spa found nowhere else. Learn about our herbs, fragrances, flora and philosophies of well-being through spa sponsored tours and other activities. Witness this culture first hand by selecting a treatment from our menu that utilizes only these local gems.

THAI AYURVEDA MASSAGE WITH HERBAL COMPRESS ★

A combination of Swedish, deep tissue and Thai techniques will soothe sore and tired muscles. Firm strokes and pressure are applied to key meridian points on the body and are combined with the therapeutic properties of our herbal compress to provide a unique and exquisite experience.

60 min / ฿ 2,250++ 90 min / ฿ 3,150++

SUKHOTHAI MASSAGE ★

An art of ancient traditions, this method of massage originated within the temples of Thailand and has been practiced for centuries. This is a pressure point massage based on the Thai practice of energy healing and is recommended for those who prefer a firm massage.

This is a traditional Thai massage performed without oil.

60 min / ฿ 1,950++ 90 min / ฿ 3,150++ 120 min / ฿ 3,300++

LANNA HERBAL TOK SEN

A millennium-old massage tradition using the tok sen tool that spreads vibrations into meridian lines and muscles. Freed life force flows back into your body preventing fatigue and tension.

Slow, deep pressure soothes your body and mind. This treatment includes a massage with tok sen and herbal compress applications.

90 min / ฿ 3,150++ 120 min / ฿ 3,750++

SAMUI GORGEOUS MASSAGE

Come and relax with us and indulge yourself in the delightful culture of Samui coconut. This retreat into relaxation includes a shell massage and post-treatment coconut-caramel treat, both of which can only be found on Samui.

90 min / ฿ 2,700++ 120 min / ฿ 3,150++

ANTI-STRESS PACKAGE

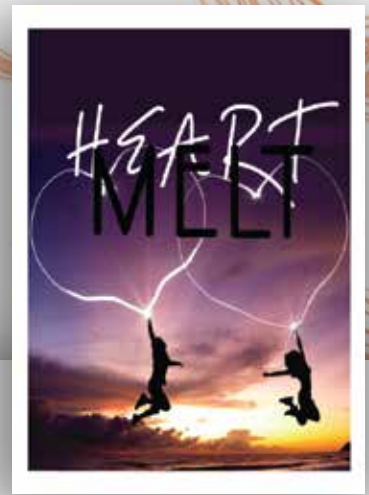
Foot bath, herbal steam, office syndrome massage, coffee scrub and Vichy shower)

125 min / ฿ 4,650++

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT

ROMANCE



Escape to romance and immerse yourself in togetherness - just the two of you - as you share heart inspired experiences, tantalizing tastes and inspiring adventures. Time is precious when love is in the air. We help couples make the most of every moment by offering intimate activities that bring them together.

ROYAL BLUE LOTUS (SUPREME PURIFYING) ★

Foot Soak and Scrub / Aromatic Private Steam / 30-min Pink Himalayan Salt Scrub / 90-min Volcanic Hot Stone Massage / 60-min Customized Facial Treatment / Warm Milky Bath. Includes a photo in traditional Thai dress as a memento of the experience.

240 min / ฿ 8,800++ per person ฿ 16,950++ per couple

ELIXIR OF LOVE ★

The journey begins in the Spa's aromatic steam room with custom blends that stimulate your senses. An ice fountain will provide vitality before your therapists' massage away any lingering tension during a customized 60-minute couple's massage. Complete this blissful experience together in a candlelit soak with a champagne toast and chocolate treats.

110 min / ฿ 6,950 ++ per couple

DETOXIFYING INNER RESET RITUAL ★

Age-old Asian detoxifying massage rituals bring balance during this full body massage. A Pink Himalayan salt scrub stimulates the release of toxins while a soothing coconut oil scalp massage clears your mind of toxic thoughts.

90 min / ฿ 3,150++ per person

MONSOON WRAPSODY

Enjoy a choice of scrub to prepare your skin for our multifaceted body wrap. Black mulberry extract combined with essential oils synergistically prepare your body for better performance and improved recovery.

90 min / ฿ 3,150++ per person

OFURO BATHING RITUAL

Mimicking the traditional Japanese bathing ritual, this water experience starts with a shower and is followed by a gentle scrub. Following a milky, essential oil-rich warm bath, a hydrating aloe vera cream application concludes this cleansing ritual.

60 min / ฿ 2,250++ per person

★ Signature Treatment

All prices are subject to 10% service charge and 7% VAT



Len

BE BEAUTY

(BODY)

Beauty is unbounded and omnipresent.
It is in your mind and in your spirit. It is reflected in your smile and in your words.

Beauty is timeless, limitless and simultaneously momentary and forever.

It is what you see and what you feel.
At Len Spa, we can help you discover and remember all the beauty that is already within you.

BODY SCRUB

Coffee body scrub - Detoxify
Mango and pineapple body scrub - Detoxify
Coconut body scrub - Hydrate and nourish
Pink Himalayan salt scrub - Relax

60 min / ฿ 1,750++

BODY WRAP

Dead Sea body wrap - Detoxify

60 min / ฿ 1,950++

Len Be Well Sunset package 120 min / ฿ 3,950++
(Aloe Vera gel body mask, cooling facial therapy and relaxing foot massage)

ADDED INDULGENCES

30 min / person
Aroma floral bath ฿ 990++
Milky bath ฿ 990++
Thai herbal steam ฿ 650++
Herbal hot compress ฿ 650++
Tok sen ฿ 650++

Cellulite Reduction Treatment:

A specialized treatment for cellulite reduction and detoxification.
A beauty massage that utilizes special techniques designed to firm the muscles.
Ginger oil will help to eliminate unwanted cellulite and shape your body.
Your treatment concludes with a contouring body mask and a body moisturizing leaving it feeling firm and toned. Package details. Choose the treatment(s) you prefer.

Step 1: (10-min.) herbal steam, ginger body scrub, slimming massage, body mask and moisturizing (120 min.)
Step 2: (10-min.) milky bath, slimming massage, body mask and moisturizing (105 min.)
Step 3: (10-min.) herbal steam, slimming massage, body mask and moisturizing (105 min.)
Step 4: (10-min.) ginseng bath, slimming massage, body mask and moisturizing (105 min.)
Step 5: (10-min.) herbal steam, slimming massage, body mask and moisturizing (105 min.)
Step 6: (10-min.) milky bath, slimming massage, body mask and moisturizing (105 min.)
Step 7: (10 min.) herbal steam, slimming massage, body mask and moisturizing (105 min.)

190-min. treatment 3,500++ 3 treatments THB 9,150++
5 treatments THB 13,150++ 7 treatments THB 16,150++



Day Packages

Find your center and spend some valuable time creating harmony of mind, body and spirit.
The practice of ancient and modern techniques brings you back to the source of your soul.
Breathe, focus, stretch and relax your way to well-being with the help
of trained practitioners and skilled therapists.

Spa Day Packages

Step 1: 15-min. steam and 90-min body scrub, wrap and Vichy shower (105 min.)

Step 2: 90-min. Thai Silk Aroma Massage and 20-min milky bath (110 min.)

Step 3: 60-min. Facial treatment and 60-min head and Shirodhara massage (120 min.)

Step 4: 90-min. Posture massage with compress and 15-min herbal steam (105 min.)

Step 5: 90-min. Hot stone massage and Vichy shower 15-min (105 min.)

Step 6: 75-min. Time Rewind Facial and foot reflexology massage (110 min.)

Step 7: 90-min. Warm bamboo massage, body scrub and Vichy shower (120 min)

3-day package / 9,950 THB

5-day package / 16,950 THB

7-day package / 21,950 THB



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NAIL CARE

- Classic manicure
- Classic pedicure
- French manicure
- French pedicure
- Nail polish change
- Foot scrub, cut and file
- Foot spa or hand spa

LADIES

- ฿ 800++
- ฿ 1,000++
- ฿ 1,000++
- ฿ 1,200++
- ฿ 500++
- ฿ 500++
- ฿ 1,350++

MEN

- ฿ 600++
- ฿ 800++
-
-
-
- ฿ 500++
- ฿ 1,250++

WAXING

- Back or full leg
- Half leg or full arm
- *Half arm or underarm
- Upper lip, eyebrow or chin
- Bikini line
- Brazilian bikini

LADIES / MEN

- ฿ 1,950++
- ฿ 1,200++
- ฿ 800++
- ฿ 300++
- ฿ 1,500++
- ฿ 1,950++

Len

BE BEAUTY (FACIAL)



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MINI-ME FACIAL

A facial designed with our younger guests in mind.

A deep cleanse, gentle exfoliation and dewy mask will hydrate and refresh.

30 min / ₪ 1,400++

FACIAL YOGA ★

Jade stones bring beauty, balance and vibrancy to your face.

This sacred lotus and jade stone facial massage stimulates circulation, plumps the skin and smooths away fine lines and wrinkles.

45 min / ₪ 2,800++

CLARIFYING FACIAL ★

A potent blend of actives keeps complexion matte, clear and balanced around the clock. Bamboo Tears controls excess oil and fights acne while a rare tree gum reduces pore size and blemishes. Plankton extract decreases skin reactivity and safflower restores hydration.

75 min / ₪ 3,450++

INTENSIVE GOLD FACIAL

This luxurious facial treatment uses massage techniques and active ingredients to instantly reduce wrinkles and improve skin clarity. This treatment uses extracts that inhibit the destruction of collagen, fight free radicals and repair skin damage.

75 min / ₪ 3,450++

TIME REWIND FACIAL ★

Proven to boost the rejuvenating system of the skin, this facial addresses the most visible signs of aging.

Laminaria returns the vitality of youth and stimulates the reduction of fine lines and wrinkles.

Marine extracts stimulate collagen and elastin production in the skin.

75 min / ₪ 3,450++

All prices are subject to 10% service charge and 7% VAT



We hope you enjoyed your *Lên*
played your own way,
in your own time,
in your mood of the day
and had fun during your stay.
Come and *Lên* with us again soon!

Lên
SPA

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